

## **Contribute Content Form**

So you've had a look at our [ND Library](#) and want to contribute an article or link to be included? Simply follow the instructions in the form below and send your completed form to [info@abilities.com](mailto:info@abilities.com) for your content to be considered. If you have multiple pieces of content to be considered, you must complete this form *for each one*.

Full name

Email

Is it a PDF article or Link you wish to contribute?

PDF   Link

If you wish to contribute an article, send the article in a PDF format with pictures along with this form to [info@abilities.com](mailto:info@abilities.com)

If a link, add the link here:

Title of the article or link as you would like it to be displayed (be careful of any typo's!):

Add the description that the users will be able to see when browsing the content library:



Add the key words to tag in the article for search results, separated by a semi-colon (for example, if your article is about autism and depression, you may want to tag the words 'autism; depression; mental health; self-care' etc. so that when a user searches for these words, your article appears in the search results).

Add any other information as necessary

Check the following statements:

I confirm I own the copyright of this content and have the authority to decide where it is posted

I understand Aabilities will review the content and submission does not guarantee content to be accepted / loaded within the library

I have read and agree to the [terms and conditions](#), including how [my data](#) will be processed.

I agree for Aabilities and its group of companies to use my contact details for marketing communication.

**Send this form and if applicable your PDF article to [info@abilities.com](mailto:info@abilities.com)**

**Thank you!**